

4th INTERNATIONAL YOGA DAY CELEBRATION AT PDIL

Projects and Development India Limited (PDIL), celebrated the 4th International Yoga Day at PDIL Bhawan, Noida, Vadodara and Sindri. Shri D S Sudhakar Ramaiah, CMD and D(F) PDIL, thanked our Hon'ble PM Shri Narendra Modi Ji for getting recognition for Yoga at International platform. He also advised all PDIL employees to do Yoga daily for leading a healthy life. The event was conducted as per the Common Yoga Protocol, issued by Ministry of Ayush, wherein a brief introduction about Yoga was given, Prayers alongwith asanas with standing and sitting postures were performed. At the end, all PDIL officials and other participants took oath of committing to make themselves into a healthy, peaceful, joyful and a loving human being by making yoga a part of their life.